

What to Expect:

Children's Mental Health Targeted Case Management (CMH-TCM)

CMH-TCM provides services that are child-centered, family-focused, culturally sensitive, and community-based to assist families and help children who have been diagnosed as seriously emotionally disturbed to gain access to needed medical, and mental health, social, educational, vocational, and other necessary services as they relate to the child's mental health needs.

CHILDREN'S MENTAL HEALTH TARGETED CASE MANAGEMENT PROGRAM DETAILS:

Who is eligible?

- ▶ Children under age 18 diagnosed with an Emotional Disturbance (ED) or meet Severe Emotional Disturbance (SED) criteria
- ▶ Young adults ages 18 through 20 diagnosed with Mental Illness (MI) or meet Serious or Persistent Mental Illness (SPMI) criteria
- ▶ We can take clients who live in Crow Wing County that have Blue Cross Blue Shield PMAP or Health Partners PMAP

What can I expect?

- ▶ CMH-TCM will meet with your family in your home or other community settings 1-4 times each month

What do CMH-TCM services include?

- ▶ Functional assessment
- ▶ Individual family community support planning
- ▶ Referral and linkage to mental health and other needed services
- ▶ Monitoring and coordinating the delivery of services

If you would like to receive services or make a referral, contact our Baxter office:

Baxter

218-513-2735

www.nystromcounseling.com