

# Eden Prairie Clinic Dad's Group



*Dad's Group helps dads with the transition to parenthood.*



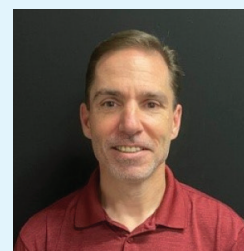
## Clients Will Learn How To

- Support partners during pregnancy and delivery
- Cope with an unexpected pregnancy
- Manage emotions around pregnancy after a loss
- Develop parenting strategies and life preparedness (like financial responsibility)
- The group will meet virtually from 11:30 am - 12:30 pm for six weeks.

## Topics Covered

- Week 1:** The dad to be – pregnancy
- Week 2:** Dad during labor and delivery
- Week 3:** Postpartum emotions & the transition to parenthood
- Week 4:** Caring for the baby
- Week 5:** Parenting
- Week 6:** Partner relationship

**Hosted By: Brett Sharockman, MA**  
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**To Schedule Please Call: (952) 746-2522 • Group Starts in October**  
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