

Early Childhood Therapy Programs

We know parenting a child 5 years old or younger is a lot of work!



Especially if you are dealing with challenging behaviors or emotional outbursts. We can help. Our early childhood therapists can work with your family to help you and your child learn the skills needed for lifelong social and emotional wellbeing.

Is my child a good fit for therapy?

Children in our early childhood therapy services often struggle with emotional outbursts, temper tantrums, trauma reactions, attachment troubles, or social difficulties. We always start services with assessing your child's unique situation to determine the type of care they may need.

What does therapy look like for little kids?

For young children, therapy always includes their parent as part of services. During appointments we use lots of different interventions, such as play therapy, family therapy, attachment therapy, and parent coaching to help support them in learning and growing. Depending on need and insurance coverage, services can even take place in your home to help reduce barriers to care and better address your family's needs.

Call 651-529-8671 to Schedule or Make A Referral!